

Treningstid Guldbergaunet vinter/vår 2020 - 16 - 22 mars

	Mandag	Mandag	Tirsdag	Tirsdag	Onsdag	Onsdag	Torsdag	Torsdag	Fredag	Fredag		Lørdag		Søndag		
Treningstid	1/2 bane	1/2 bane	1/2 bane	1/2 bane	1/2 bane	1/2 bane	1/2 bane	1/2 bane	1/2 bane	1/2 bane	Treningstid	1/2 bane	1/2 bane	1/2 bane	1/2 bane	
1400 - 1430							Keepersamarbeid 1/4 bane	Halv bane J17 14.15-15.45								
1430 - 1500	SFK G16 1	SFK G16 2			SFK G16 1	SFK G16 2	Keepersamarbeid 1/4 bane	Halv bane J17 14.15-15.45								
15:00-1530	SFK G16 1	SFK G16 2			SFK G16 1	SFK G16 2	Keepersamarbeid 1/4 bane	Halv bane J17 14.15-15.45			1000 - 1030					
15:30-1600	SFK G16 1	SFK G16 2	Sørila G14/G16	SFK B/U	SFK G16 1	SFK G16 2	SFK G19	SFK J 15	SFK G16 1 og 2	SFK G14	1030 - 1100					
16:00-1630	G16	G14	Sørila G14/G16	SFK B/U	G13 BIL	SFK G13	SFK G19	SFK J 15	SFK G16 1 og 2	SFK G14	1100 - 1130	Egge - Byafossen OBOS - cup G13 - 9er				
16:30-1700	G16	G14	Sørila G14/G16	SFK B/U	G13 BIL	SFK G13	SFK G19	Sørila G16/G14/G12	SFK G16 1 og 2	SFK G14	1130 - 1200	Egge - Byafossen OBOS - cup G13 - 9er				
17:00-1730	G16	G14	J14 BIL	G13/J13	G13 BIL	SFK G13 SFK J13-15	G10/G12 BIL/Henning G11	Sørila G16/G14/G12	Egge G16	Egge J14	1200 -1230	Egge - Byafossen OBOS - cup G13 - 9er		Egge - Flatås OBOS - cup J15	Egge - Flatås OBOS - cup J15	
17:30-1800	Egge J13/14	Egge J15	J14 BIL	G13/J13	Egge J15	SFK J13-15	G11G9/G11 BIL/Henning G11	Sørila G16/G14/G12	Egge G16	Egge J14	1230 - 1300	SFK/Sparbu - Stj.blink OBOS - cup G14	SFK/Sparbu - Stj.blink OBOS - cup G14	Egge - Flatås OBOS - cup J15	Egge - Flatås OBOS - cup J15	
18:00-1830	Egge J13/14	Egge J15	J14 BIL	G13/j13	Egge J15	SFK J13-15	BDO-samling 9jan - 26 mars	BDO-samling 9jan - 26 mars	Egge G16	Egge J14	1300-1330	SFK/Sparbu - Stj.blink OBOS - cup G14	SFK/Sparbu - Stj.blink OBOS - cup G14	Egge - Flatås OBOS - cup J15	Egge - Flatås OBOS - cup J15	
18:30.1900	Egge J13/14	Egge J15	Egge G13/14	Egge G16	Egge J15	SFK D/J17	BDO-samling 9jan - 26 mars	BDO-samling 9jan - 26 mars	SFK A		1330 -1400	SFK/Sparbu - Stj.blink OBOS - cup G14	SFK/Sparbu - Stj.blink OBOS - cup G14			
19:00-1930	Egge HSR	Sparbu J 17 Sparbu/Sørila J13/14	Egge G13/14	Egge G16	SFK D	J17	BDO-samling 9jan - 26 mars	BDO-samling 9jan - 26 mars	SFK A		1400-1430	Egge - Hommelvik OBOS - cup G14	Egge - Hommelvik OBOS - cup G14	Egge - Spillum OBOS - cup menn	Egge - Spillum OBOS - cup menn	
19:30-2000	Egge HSR	Sparbu J 17 Sparbu/Sørila J13/14	Egge G13/14	Egge G16	SFK D	J17	BDO-samling 9jan - 26 mars	BDO-samling 9jan - 26 mars	SFK A		1430 - 1500	Egge - Hommelvik OBOS - cup G14	Egge - Hommelvik OBOS - cup G14	Egge - Spillum OBOS - cup menn	Egge - Spillum OBOS - cup menn	
20:00-2030	Egge HSR	Sparbu J 17 Sparbu/Sørila J13/14	Egge DSR	Sørila G19/SR	SFK A	G19	BDO-samling 9jan - 26 mars	BDO-samling 9jan - 26 mars			15:00-1530	Egge - Hommelvik OBOS - cup G14	Egge - Hommelvik OBOS - cup G14	Egge - Spillum OBOS - cup menn	Egge - Spillum OBOS - cup menn	
20:30-2100	SFK A	G19	Egge DSR	Sørila G19/SR	SFK A	G19	BDO-samling 9jan - 26 mars	BDO-samling 9jan - 26 mars			15:30-1600	Egge - Inderøy OBOS - cup G19	Egge - Inderøy OBOS - cup G19	Egge - Spillum OBOS - cup menn	Egge - Spillum OBOS - cup menn	
21:00-2130	SFK A	G19	Egge DSR	Sørila G19/SR	SFK A	G19	Egge HSR/G19	Sparbu G16/G19			16:00-1630	Egge - Inderøy OBOS - cup G19	Egge - Inderøy OBOS - cup G19	SFK - Verdal OBOS - cup - G16	SFK - Verdal OBOS - cup - G16	
21:30-2200	SFK A	G19	Senior BIL				Egge HSR/G19	Sparbu G16/G19			16:30-1700	Egge - Inderøy OBOS - cup G19	Egge - Inderøy OBOS - cup G19	SFK - Verdal OBOS - cup - G16	SFK - Verdal OBOS - cup - G16	
22:00-2230			Senior BIL				Egge HSR	Egge G19			17:00-1730	Egge - Inderøy OBOS - cup G19	Egge - Inderøy OBOS - cup G19	SFK - Verdal OBOS - cup - G16	SFK - Verdal OBOS - cup - G16	
22:30-2300											17:30-1800					
											18:00-1830			Sørila - Tangmoen OBOS - cup G14	Sørila - Tangmoen OBOS - cup G14	
											18:30.1900			Sørila - Tangmoen OBOS - cup G14	Sørila - Tangmoen OBOS - cup G14	
											19:00-1930			Sørila - Tangmoen OBOS - cup G14	Sørila - Tangmoen OBOS - cup G14	
											19:30-2000			Egge G13/14	Egge G16	
											20:00-2030			Egge G13/14	Egge G16	
											20:30-2100			Egge G13/14	Egge G16	
											21:00-2130					
											21:30-2200					